

OLDER AMERICANS MONTH



AGE OUT LOUD: MAY 2017

Older Americans Month is a time to celebrate older Americans, their stories, and their contributions. The annual observance offers a special opportunity to learn about, support, and recognize our nation's older citizens.

This year's theme, **"Age Out Loud,"** emphasizes the ways older adults are living their lives with boldness, confidence, and passion while serving as an inspiration to people of all ages.



Please join us any day or for our special **"Age Out Loud"** events at our Senior Dining Sites on the following days in May –

May 18th – Kingsbury/Fort Edward Senior Center

May 24th – Cambridge Senior Center

May 25th – Salem Dining Site

May 26th – Whitehall Dining Site

Contact our Office for more information
518-746-2420 ext. 3440

